

Coronavirus Risk Assessment

Location/Dept: Chesham Moor Gym and Swim		Date Assessed: 13/7/2020			Assessed by: Policy Officer, Town Clerk, Pool Manager		
Task/Activity: Re-opening centre							
Activity/Task	Hazard/Risk	Persons at Risk	Controls in Place	Severity (1-5)	Likelihood (1-5)	Risk/Priority	Additional Controls Required
Centre open to the public	Contact with persons suffering from coronavirus	Employees Contractors Visitors	<p>If an employee or known visitor tests positive for coronavirus, further advice will be sought from the local Health Protection Team. They will take over the risk assessment process from that point.</p> <p>Once symptomatic, all surfaces that the person has come into significant contact with must be cleaned, including:</p> <ul style="list-style-type: none"> All surfaces and objects which are visibly contaminated with body fluids; and All potentially contaminated high-contact areas such as toilets, door handles, telephones, etc. <p>Public areas where a symptomatic individual has passed through and spent minimal time in (such as corridors) but which are not visibly contaminated with bodily fluids do not need to be specially cleaned and disinfected.</p> <p>If a person becomes ill in a shared space, these should be cleaned using disposable cloths and household detergents, according to current recommended workplace legislation and practice.</p>	5	1	5	<p>Guidance and recommended risk control measures will be sourced directly from the GOV.UK website wherever possible.</p> <p>https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities</p> <p>Control measures will be revised and updated daily at 2pm when the latest government guidance is released.</p>

Centre open to the public	Spread of COVID-19 Corona within the venue	<p>Employees/Public</p> <p>Visitors to your premises</p> <p>Cleaners</p> <p>Contractors</p> <p>Drivers</p> <p>Vulnerable groups – Elderly, Pregnant workers, those with existing underlying health conditions</p> <p>Anyone else who physically comes in</p>	<ul style="list-style-type: none"> • Hand washing facilities with soap and water in place. • Stringent hand washing taking place. • Employees to be reminded on a regular basis to wash their hands for 20 seconds with water. Also reminded to catch coughs and sneezes in tissues – Follow Catch it, Bin it, Kill it and to avoid touching face, eyes, nose or mouth with unclean hands. Tissues and hand sanitiser will be made available throughout the workplace. • See hand washing guidance: https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/ • Drying of hands with disposable paper towels: https://www.nursingtimes.net/news/research-and-innovation/paper-towels-much-more-effective-at-removing-viruses-than-hand-dryers-17-04-2020/ • Sanitiser stations at various strategic points around the building including all offices and the foyer • Install protective screens • Social distancing measures to be implemented as per government guidelines. 1m gaps to be maintained wherever possible. Floor markings to be placed at 1m. As social distancing is below 2m in places, this is mitigated for by 	5	2	10	<p>Encourage staff to report any problems and carry out skin checks as part of a skin surveillance programme https://www.hse.gov.uk/skin/professional/health-surveillance.htm</p> <p>To help reduce the spread of coronavirus (COVID-19) reminding everyone of the public health advice through display of posters etc https://www.publichealth.hscni.net/news/covid-19-coronavirus</p>
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Centre open to the public	COVID-19 on surfaces	All centre users, employees and any visitors	<p>Hourly cleaning of the whole centre. Weekly deep clean of centre. Spray recommended against COVID-19 will be used around the whole centre, and placed at every cleaning point. Gym users to clean equipment before and after each use.</p>	5	1	5	
Use of the gym	Risk of Transmission	Gym users and employees	<p>Music in gym will be of a level that will not require shouting to communicate, reducing risk of aerosol/droplet transmission. Customers will be asked to clean gym equipment before and after use. Approximately 1 cleaning station provided per 3 machines, with a 2 metre distance between all kit. No gym towels are allowed in the centre. 45 minute sessions with 15 minute change over time for the gym. Maximum number of 12 gym members for one session.</p>	5	1	5	

Use of Changing rooms, showers, toilets	Risk of transmission	Everyone using the centre	Changing rooms will be closed to all customers, with the exception of people with disabilities and special needs, as social distancing is unachievable if changing rooms used as normal. Users will be informed to come 'Beach ready' for the pool and already in their kit for the gym. Access to toilets to be managed to ensure occupancy not exceeded. Cleaning will occur hourly.	5	1	5	
Use of fitness studio	Risk of transmission	Studio users	Personal training sessions will be run 1 to 1, if family from same bubble can train 1 to 2. Studio will be separated in two sections for 2 personal training companies. The personal trainers will be responsible for clean gym equipment and maintaining social distancing with clients. Centre staff will clean the area daily.	5	1	5	
Courts	Risk of transmission	Court users	Court booking will be online. Courts will be cleaned daily.	5	1	5	
Swimming pool	Risk of transmission	Swimmers	The poolside will washed/bucket down at the beginning of the day, and after each session, barriers and benches will be wiped/bucketed down. All swimmers will be beach ready as informed changing rooms unavailable Guidance from https://www.pwtag.org/reopening-pool-after-covid19-shutdown/ used to re-open the pool safely and ensure water chemistry is appropriate to reduced COVID risk. 45 minute sessions allowed with 15 minute change over time. Maximum number of 20 swimmers for one session.	5	2	10	

Staffing at the centre	Risk of transmission	Employees	<p>Lifeguards and first aiders will have staff training monthly, with new guidelines being followed.</p> <p>Rearrange office space and make home working arrangements for staff where possible.</p> <p>Rotas/Communication issues electronically to reduce the need for paperwork.</p> <p>Where possible, shifts will be shared by employees who are in the same social bubble. Where possible, there will be fixed teams operating.</p> <p>Make masks and gloves available to staff. Ensure gloves are replaced hourly and staff wash their hands before new gloves are put on.</p>	5	2	10	<p>Guidelines and updates to be reviewed monthly or when updates received</p> <p>https://www.rlss.org.uk/</p>
Taking payment	Risk of transmission by contact with cash	Employees and customers	<p>Avoid the need to handle cash wherever possible. Card or advance payment only at all sales outlets.</p>	5	1	5	
Water fountain in the gym	Risk of transmission	Customers	<p>Signage will be displayed at the fountain to prohibit mouth to tap drinking.</p>	5	1	5	

Risk/Priority Indicator Key

Severity (Consequence)
1. Negligible (delay only)
2. Slight (minor injury / damage / interruption)
3. Moderate (lost time injury, illness, damage, lost business)
4. High (major injury / damage, lost time business interruption, disablement)
5. Very High (fatality / business closure)

Likelihood
1. Improbable / very unlikely
2. Unlikely
3. Even chance / may happen
4. Likely
5. Almost certain / imminent

RISK / PRIORITY INDICATOR MATRIX						
LIKELIHOOD	5	5	10	15	20	25
	4	4	8	12	16	20
	3	3	6	9	12	15
	2	2	4	6	8	10
	1	1	2	3	4	5
		1	2	3	4	5
SEVERITY (CONSEQUENCE)						

Summary		Suggested Timeframe
12-25	High	As soon as possible
6-11	Medium	Within the next three to six months
1-5	Low	Whenever viable to do so

Daily Monitoring Checklist

Ensure that you have:

Action	Yes	Confirmed by	Comments
Reviewed the updated guidance from the government	Y	Pool Manager & Deputy Manager	
Reviewed and updated the risk assessment to incorporate any changes to the guidance	Y	Pool Manager & Deputy Manager	
Ensured sufficient stocks of soap, hand sanitiser and disinfectant are available	Y	Pool Manager & Deputy Manager	
Identified and implemented the (new) recommended control measures	Y	Pool Manager & Deputy Manager	