

SUMMER SWIMMING TIMETABLE 1 APRIL 2019 – 31 OCTOBER 2019

	6am	6.30am	7am	7.30am	8am	8.30am	9am	9.30am	10am	10.30am	11am	11.30am	12pm	12.30pm	1pm	1.30pm	2pm	2.30pm	3pm	3.30pm	4pm	4.30pm	5pm	5.30pm	6pm	6.30pm	7pm	7.30pm	8pm	8.30pm	9pm	
MON	Lanes swimming only 6-8am				Adults only 8-9.30am			Aqua Fitness 9.30-10.30	Toddler/Therapy & 60 plus 10.30-11.30		Adults only 11.30am-1.30pm									School hols Inflatable 3.30-4pm					Lane 6-7pm		Adults 7-8pm		Bex Tri Swim 8.30-9pm			
TUE	Lanes 6-8am		Masterclass		Adults only 8-9.30am			General 9.30-10.30	Aqua Workout 10.30-11.30		Lane 11.30am-1.30pm		Adults only 11.30am-1.30pm							General swimming 1.30-4.30pm		Inflatable 4.30-5.30pm			Lane 5.30-7pm		Adults 7-8pm		Aqua Fitness 8-8.45pm			
WED	Lanes swimming only 6-8am				Adults 8-9.30am			General 9.30-10.30	Toddler/Therapy & 60 plus 10.30-11.30		Adults 11.30am-1.30pm					School hols Inflatable 1.30-2pm										Adults only 6-8pm				Bex Tri Swim 8.30-9pm		
THU	Lanes 6-8am		Masterclass		Adults only 8-9.30am			General 9.30-10.30	School hols Inflatable 10.30-11.30		Adults 11.30am-1.30pm									General swimming 1.30-6pm					Lane 6-7pm		Adults 7-7.45pm		Chiltern Tri 7.45-8.45pm			
FRI	Lanes swimming only 6-8am				Adults only 8-9.30am			General 9.30-10.30	Aqua Workout 10.30-11.30		Lane 11.30am-1.30pm		Adults only 11.30am-1.30pm							General swimming 1.30-6pm					Adults 6-7pm				Hire/closed			
SAT		Closed			Masterclass (exc June-Aug) Adults only (lanes)			General 9.30-10.30	Aqua Workout 10.30-11.30		General swimming 11.30am-2pm									Inflatable 2-3.30pm	General 3.30-4.45pm		Adults 4.45-5.45pm					Hire/closed				
SUN		Closed			Adults only 8-10am									General swimming 10am-4.45pm										Adults 4.45-5.45pm				Hire/closed				

KEY

 General swimming	 Adult swimming	 Aqua classes	 Chiltern Tri	 Toddler swim/Therapy & 60 plus –summer only	 School term April–July may be closed for hires check website	 Closed
 Lanes swimming	 Masterclass – stroke development	 Moor Junior Swim lessons	 Bex Tri Swim	 Inflatable – summer only (Mon/Wed/Thurs school hols only)	 Available for hire, lessons or closed	

For changes check [here](#)

Please check [here](#) or Twitter for any temporary changes to the timetable