

# WINTER SWIMMING TIMETABLE 1 NOVEMBER 2018 – 31 MARCH 2019

	6am	6.30am	7am	7.30am	8am	8.30am	9am	9.30am	10am	10.30am	11am	11.30am	12pm	12.30pm	1pm	1.30pm	2pm	2.30pm	3pm	3.30pm	4pm	4.30pm	5pm	5.30pm	6pm	6.30pm	7pm	7.30pm	8pm	8.30pm	9pm	
<b>MON</b>	Lanes swimming only 6-8am				General swimming 8-10.30am					Aqua Fitness 10.30-11.30am		General swimming 11.30am-1.30pm													General swimming 5-8pm				Bex Tri Swim			<b>MON</b>
<b>TUE</b>	Lanes 6-8am	Masterclass			General swimming 8-1.30pm																				General swimming 5-8pm				Aqua Fitness 6-6.45pm			<b>TUE</b>
<b>WED</b>	Lanes swimming only 6-8am				General swimming 8-1.30pm					Aqua Fitness 10.30-11.30am															General swimming 5-8pm				Bex Tri Swim			<b>WED</b>
<b>THU</b>	Lanes 6-8am	Masterclass			General swimming 8-1.30pm																				General swimming 5-7.45pm				Chiltern Tri 7.45-8.45pm			<b>THU</b>
<b>FRI</b>	Lanes swimming only 6-8am				General swimming 8-1.30pm																				General swimming 5-7.30pm							<b>FRI</b>
<b>SAT</b>		Closed			Masterclass Adults only (lanes)						Aqua Fitness 11-11.45am																					<b>SAT</b>
<b>SUN</b>		Closed			Lanes 8-9am																											<b>SUN</b>

**KEY**

General swimming	Adult swimming	Aqua classes	Chiltern Tri	Toddler swim/Therapy & 60 plus -summer only	School term April-July may be closed for hires check website	Closed
Lanes swimming	Masterclass - stroke development	Moor Junior Swim lessons	Bex Tri Swim	Inflatable - summer only (Mon/Wed/Thurs school hols only)	Available for hire, lessons or closed	

**For changes check here**

# SUMMER SWIMMING TIMETABLE 1 APRIL 2019 – 31 OCTOBER 2019

	6am	6.30am	7am	7.30am	8am	8.30am	9am	9.30am	10am	10.30am	11am	11.30am	12pm	12.30pm	1pm	1.30pm	2pm	2.30pm	3pm	3.30pm	4pm	4.30pm	5pm	5.30pm	6pm	6.30pm	7pm	7.30pm	8pm	8.30pm	9pm	
<b>MON</b>	Lanes swimming only 6-8am				Adults only 8-9.30am				Aqua Fitness 9.30-10.30		Toddler/Therapy & 60 plus 10.30-11.30		Adults only 11.30am-1.30pm													Lane				Bex Tri Swim		<b>MON</b>
<b>TUE</b>	Lanes 6-8am	Masterclass			Adults only 8-9.30am				General 9.30-10.30		Aqua Workout 10.30-11.30		Lane 11.30am-1.30pm													General 5.30-7pm				Aqua Fitness 8-8.45pm		<b>TUE</b>
<b>WED</b>	Lanes swimming only 6-8am				Adults 8-9.30am				General 9.30-10.30		Toddler/Therapy & 60 plus 10.30-11.30		Adults 11.30am-1.30pm													Adults only 6-8pm				Bex Tri Swim		<b>WED</b>
<b>THU</b>	Lanes 6-8am	Masterclass			Adults only 8-9.30am				General 9.30-10.30		School hols Inflatable		Adults 11.30am-1.30pm													Lane				Chiltern Tri 7.45-8.45pm		<b>THU</b>
<b>FRI</b>	Lanes swimming only 6-8am				Adults only 8-9.30am				General 9.30-10.30		Aqua Workout 10.30-11.30		Lane 11.30am-1.30pm													Adults 6-7pm				Hire/closed		<b>FRI</b>
<b>SAT</b>		Closed			Masterclass (exc Julie-Aug) Adults only (lanes)				General 9.30-10.30		Aqua Workout 10.30-11.30		General swimming 11.30am-2pm																			<b>SAT</b>
<b>SUN</b>		Closed			Adults only 8-10am																											<b>SUN</b>

Please check [here](#) or Twitter for any temporary changes to the timetable