

WINTER SWIMMING TIMETABLE 7 NOV 2018 – 31 MARCH 2019 (closure 31 Oct–6 Nov inclusive)

	6am	6.30am	7am	7.30am	8am	8.30am	9am	9.30am	10am	10.30am	11am	11.30am	12pm	12.30pm	1pm	1.30pm	2pm	2.30pm	3pm	3.30pm	4pm	4.30pm	5pm	5.30pm	6pm	6.30pm	7pm	7.30pm	8pm	8.30pm	9pm	
MON	Lanes swimming only 6–8am				General swimming 8–10.30am					Aqua Fitness 10.30–11.30am			General swimming 11.30am–1.30pm						Hire/closed						General swimming 5–8pm			Bex Tri Swim		Hire/closed		MON
TUE	Lanes 6–8am		Masterclass		General swimming 8–1.30pm														Hire/closed						Aqua Fitness 5.15–6pm		General swimming 5–8pm			Hire/closed		TUE
WED	Lanes swimming only 6–8am				General swimming 8–1.30pm					Aqua Fitness 10.30–11.30am									Hire/closed						General swimming 5–8pm			Bex Tri Swim		Closed		WED
THU	Lanes 6–8am		Masterclass		General swimming 8–1.30pm														Hire/closed						General swimming 5–7.30pm		Chiltern Tri 7.30–8.30pm		Closed		THU	
FRI	Lanes swimming only 6–8am				General swimming 8–1.30pm														Hire/closed						General swimming 5–7.30pm					FRI		
SAT		Closed			Masterclass Adults only (lanes)		General swimming 9am–1pm				Aqua Fitness 11–11.45am							Hire/closed											SAT			
SUN		Closed			Lanes 8–9am		General swimming 8am–1pm											Hire/closed											SUN			

KEY

 General swimming	 Adult swimming	 Aqua classes	 Swimming lessons	 Toddler swim/Therapy & 60 plus	 Chiltern Tri	 Available for hire, lessons or closed
 Lanes swimming	 Masterclass – stroke development	 Inflatable (Mon/Wed/Thurs school hols only)	 Moor Junior Swim lessons	 School term April–July may be closed for hires check website	 Bex Tri Swim	 Closed

For changes check [here](#)

SUMMER SWIMMING TIMETABLE 1 APRIL 2018 – 30 OCT 2018 (closure 31 Oct–6 Nov inclusive)

	6am	6.30am	7am	7.30am	8am	8.30am	9am	9.30am	10am	10.30am	11am	11.30am	12pm	12.30pm	1pm	1.30pm	2pm	2.30pm	3pm	3.30pm	4pm	4.30pm	5pm	5.30pm	6pm	6.30pm	7pm	7.30pm	8pm	8.30pm	9pm	
MON	Lanes swimming only 6–8am				Adults only 8–9.30am			Aqua Fitness 9.30–10.30		Toddler/Therapy & 60 plus 10.30–11.30		Adults only 11.30am–1.30pm				General swimming 1.30–6pm			School hols Inflatable					Lane		Bex Tri Swim		Hire/closed		MON		
TUE	Lanes 6–8am		Masterclass		Adults only 8–9.30am		General 9.30–10.30		Aqua Workout 10.30–11.30		Lane 11.30am–1.30pm		Adults only 1.30–4.30pm			Inflatable 4.30–5.30pm		Moor Junior Swim		General 5.30–7pm		Lane		Adults 7–8pm		Aqua Fitness 8–8.45pm				TUE		
WED	Lanes swimming only 6–8am			Lessons		Adults 8–9.30am		General 9.30–10.30		Toddler/Therapy & 60 plus 10.30–11.30		Adults 11.30am–1.30pm		Lessons		School hols Inflatable		General swimming 1.30–6pm			Moor Junior Swim 4–6pm		Adults only 6–8pm		Bex Tri Swim		Closed		WED			
THU	Lanes 6–8am		Masterclass		Adults only 8–9.30am		General 9.30–10.30		School hols Inflatable		Adults 11.30am–1.30pm			General swimming 1.30–6pm					Lane		General 6–7pm		Adults 7–8pm		Chiltern Tri 8–9pm				THU			
FRI	Lanes swimming only 6–8am				Adults only 8–9.30am		General 9.30–10.30		Aqua Workout 10.30–11.30		Lane 11.30am–1.30pm		Adults only 1.30–6pm									Adults 6–7pm		Hire/closed						FRI		
SAT		Closed			Masterclass (exc June–Aug) Adults only (lanes)		General 9.30–10.30		Aqua Workout 10.30–11.30		General swimming 11.30am–2pm			Inflatable 2–3.30pm		General 3.30–4.45pm		Adults 4.45–5.45pm						Hire/closed						SAT		
SUN		Closed			Adults only 8–10am			General swimming 10am–4.45pm						Adults 4.45–5.45pm						Hire/closed								SUN				

Please check [here](#) for Twitter for any temporary changes to the timetable