

WINTER SWIMMING TIMETABLE 1 NOVEMBER 2018 – 31 MARCH 2019

	6am	6.30am	7am	7.30am	8am	8.30am	9am	9.30am	10am	10.30am	11am	11.30am	12pm	12.30pm	1pm	1.30pm	2pm	2.30pm	3pm	3.30pm	4pm	4.30pm	5pm	5.30pm	6pm	6.30pm	7pm	7.30pm	8pm	8.30pm	9pm				
MON	Lanes swimming only 6-8am		General swimming 8-10.30am			Aqua Fitness 10.30-11.30am		General swimming 11.30am-1.30pm			Hire/closed			General swimming 5-8pm			Bex Tri Swim		Hire/closed																
TUE	Lanes 6-8am		Masterclass		General swimming 8-1.30pm			Hire/closed			Hire/closed			General swimming 5-8pm			Aqua Fitness 6-6.45pm		Hire/closed																
WED	Lanes swimming only 6-8am		General swimming 8-1.30pm			Aqua Fitness 10.30-11.30am		Hire/closed			Hire/closed			General swimming 5-8pm			Bex Tri Swim		Closed																
THU	Lanes 6-8am		Masterclass		General swimming 8-1.30pm			Hire/closed			Hire/closed			General swimming 5-7.30pm			Chiltern Tri 7.30-8.30pm		Closed																
FRI	Lanes swimming only 6-8am		General swimming 8-1.30pm			Hire/closed			Hire/closed			General swimming 5-7.30pm																							
SAT	Closed		Masterclass Adults only (lanes)		General swimming 9am-1pm			Aqua Fitness 11-11.45am		Hire/closed			Hire/closed																						
SUN	Closed		Lanes 8-9am		General swimming 8am-1pm			Hire/closed			Hire/closed																								

KEY

- General swimming
- Adult swimming
- Aqua classes
- Swimming lessons
- Toddler swim/Therapy & 60 plus
- Chiltern Tri
- Available for hire, lessons or closed
- Lanes swimming
- Masterclass – stroke development
- Inflatable (Mon/Wed/Thurs school hols only)
- Moor Junior Swim lessons
- School term April-July may be closed for hires check website
- Bex Tri Swim
- Closed

For changes check [here](#)

SUMMER SWIMMING TIMETABLE 1 APRIL 2019 – 30 SEPTEMBER 2019

	6am	6.30am	7am	7.30am	8am	8.30am	9am	9.30am	10am	10.30am	11am	11.30am	12pm	12.30pm	1pm	1.30pm	2pm	2.30pm	3pm	3.30pm	4pm	4.30pm	5pm	5.30pm	6pm	6.30pm	7pm	7.30pm	8pm	8.30pm	9pm			
MON	Lanes swimming only 6-8am		Adults only 8-9.30am			Aqua Fitness 9.30-10.30		Toddler/Therapy & 60 plus 10.30-11.30		Adults only 11.30am-1.30pm			General swimming 1.30-6pm			School hols Inflatable		Lane		General 6-7pm		Bex Tri Swim		Adults 7-8pm		Hire/closed								
TUE	Lanes 6-8am		Masterclass		Adults only 8-9.30am			General 9.30-10.30		Aqua Workout 10.30-11.30		Lane 11.30am-1.30pm		General swimming 1.30-4.30pm			Inflatable 4.30-5.30pm		Moor Junior Swim		General 5.30-7pm		Lane		Adults 7-8pm		Aqua Fitness 8-8.45pm							
WED	Lanes swimming only 6-8am		Lessons			General 9.30-10.30		Toddler/Therapy & 60 plus 10.30-11.30		Adults 11.30am-1.30pm			Lessons		School hols Inflatable		General swimming 1.30-6pm			Moor Junior Swim 4-6pm		Adults only 6-8pm		Bex Tri Swim		Closed								
THU	Lanes 6-8am		Masterclass		Adults only 8-9.30am			General 9.30-10.30		School hols Inflatable		Adults 11.30am-1.30pm			General swimming 1.30-6pm			Lane		General 6-7pm		Adults 7-8pm		Chiltern Tri 8-9pm										
FRI	Lanes swimming only 6-8am		Adults only 8-9.30am			General 9.30-10.30		Aqua Workout 10.30-11.30		Lane 11.30am-1.30pm		General swimming 1.30-6pm			Adults 6-7pm		Hire/closed																	
SAT	Closed		Masterclass (exc June-Aug) Adults only (lanes)		General 9.30-10.30			Aqua Workout 10.30-11.30		General swimming 11.30am-2pm			Inflatable 2-3.30pm		General 3.30-4.45pm		Adults 4.45-5.45pm		Hire/closed															
SUN	Closed		Adults only 8-10am			General swimming 10am-4.45pm			Adults 4.45-5.45pm			Hire/closed																						

Please check [here](#) or Twitter for any temporary changes to the timetable